Women's Classic Training Program 2016

Declaration

On acceptance of my application to participate in the Women's Classic training program

- 1. I agree to comply with instructions and rules issued by the coaches.
- 2. I consent to receive any medical treatment deemed necessary by the coaches during participation in the training sessions.
- 3. I acknowledge that I have sole responsibility for my personal possessions and equipment used during the training sessions.
- 4. I attest and verify that I am physically fit to take on the training program and have no physical or intellectual impairment that may make my participation hazardous to me or others in the group.
- 5. I hereby personally or for my executors, heirs and administrators release and forever discharge the organisers and coaches from all claims, damages, actions what so ever in any manner arising from my participation in the training program.

Signature

Date.....